

# JOURNEYPRAY

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*JourneyPRAY is not an event that comes and goes, but the ongoing practice of cultivating an attitude of prayer in our lives. We encourage you to use this guide in your efforts to connect with God on a regular basis throughout the month.*

## MARCH 2020

### MONTHLY THEME

***One day Jesus was praying in a certain place. When he finished, one of his disciples said to him, “Lord, teach us to pray, just as John taught his disciples.” Luke 11:1***

Jesus was not a simple man by any means but he tried to make things simple for us. When the disciples asked Jesus how we should pray, he gave them a simple “outline” that each of us can use. It would not have been Jesus’ intention for this to become a formulaic prayer, but more of a way to understand how simply we can communicate with our Father in heaven. Take a moment every day this month to pray the prayer that Jesus gave us as a starting point and as you focus each week on the different aspects that Jesus was highlighting for us, search out other verses that go along with it.

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### WEEK 1–MARCH 1

***He said to them, “When you pray, say: “Our Father in heaven, hallowed be your name, your kingdom come, your will be done on earth as it is in heaven...” Luke 11:2***

We should always begin each of our prayer times giving praise to the One to whom we are praying, acknowledging His Sovereignty over all things and communicating our trust that His will for us is far greater than our own.

### WEEK 2–MARCH 8

***“Give us today our daily bread...” Luke 11:3***

We have a good, good Father who desires to give His children good gifts, but we should never take that for granted. Even our most basic needs are provided for by Him and we reinforce our dependency on Him when we ask for these things.

### WEEK 3–MARCH 15

***“And forgive us our sins, as we have forgiven those who have sinned against us...” Luke 11:4a***

We will fall short every day and so will the people around us. It is not only healthy, but a command to ask for and receive His forgiveness. Then, recognizing His grace that is given to us daily, we extend that same forgiveness to those around us.

### WEEK 4–MARCH 22

***And lead us not into temptation, but deliver us from the evil one...” Luke 11:4b***

Just as we have a good Father, Jesus himself warned us that there is an “evil one”, Satan, who is not only real but determined to “steal, kill and destroy” (*John 10:10*). The enemy can be sneaky and he is working to trip us up daily in both little ways and big ways. When we ask, the Holy Spirit will help us to discern those attempts and rescue us when we need it... Seek His protection daily.

### WEEK 5–MARCH 29

***“For yours is the kingdom and the power and the glory forever. Amen.” Matthew 6:13***

We should end our times of prayer just as we begin... In praising the One who gives us our very breath. In so doing, we join with those across time and space knowing that today and forever He is the only One worthy of our praise!

